

## The Dutch Wrist Arthroscopy Course (DWAC)

### **PROGRAM DWAC**

#### **Friday September 10, 2021**

- 7.45 [Registration/coffee](#)
- 8.00 Opening/welcome  
(Conference room)
- 8.05 Value of wrist arthroscopy workshops. Complications. (Coert)  
(Conference room)
- 8.10 Indications, set up, instruments, portals (Klein Nagelvoort)  
(Conference room)
- 8.20 SL ligament. Anatomy. Injuries. Repair (Mathoulin, Corella). (Schep)  
(Conference room)
- 8.35 Synovectomy. Ganglionectomy. (Van Uchelen)  
(Conference room)
- 8.45 Scaphoid fractures: indications, technique , outcome (Jorgsholm)  
(Conference room)
- 8.45 Transfer to lab/change into scrubs
- 9.00 Practice setup, portals, shaving, synovectomy and gangliectomy.  
(Anatomy lab)  
Practice capsulodesis/tendon graft for SL repair (Mathoulin, Corella).  
(Anatomy lab)  
Practice scaphoid fractures
- 12.15 Take group picture
- 12.20 [Lunch including 3 D tour](#)
- 13.15 DRUJ anatomy and biomechanics. (Haugstvedt)  
(Conference room)
- 13.15 TFCC repair (Haugstvedt)  
(Conference room)
- 13.30 Ulnar impaction syndrome (Jorgsholm)  
(Conference room)
- 13.45 Practice TFCC repair, peripheral and foveal, resection of TFCC.  
Practice DRUJ scopy, TFCC resection, arthroscopic wafer.  
(Anatomy lab)
- 15.30 [Coffee/tea break \(optional\)](#)
- 17.00 [Drinks](#)
- 17.30 Free time
- 18.30 Dinner
- 22.00 Explore Rotterdam nightlife.... (optional)

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#### **Saturday September 11 2021**

- 9.00 The role of arthroscopy in distal radius fractures (Colaris)  
(Conference room)
- 9.10 Arthroscopically assisted intercarpal fusion. (Haugstvedt)  
(Conference room)
- 9.20 Arthroscopic assisted LT repair (Haugstvedt)  
(Conference room)
- 9.30 SNAC and SLAC (Moran)  
(Conference room)
- 9.40 [Coffee and change to scrubs](#)
- 10.00 Practice exploring the distal radius and on radial styloidectomy.  
(Techniques for reducing distal radius fractures and IC fusion are given at the tables  
to those students that are interested and have time.)  
(Anatomy lab)
- 12.30 [Lunch](#)
- 13.15 CMC I; portals, indications (Coert)  
(Conference room)
- 13.25 CMC I resection- and STT resection arthroplasty. (Coert)  
(Conference room)
- 13.35 Endoscopic Cubital Tunnel (Van der Heijden)  
(Conference room)
- 13.45 Practice CMC 1 and STT arthroscopy and resection arthroplasty.  
(Anatomy lab)
- 14.45 Experts guide team of two on endoscopic cubital tunnel release  
(Van der Heijden/Ruettermann)  
(Anatomy lab)
- 15.45 Closure/Evaluation/Certificates
- 16.00 Meeting adjourns